

2026 Sundry Baseball League Rules

Updated February 2026

Mission Statement

Our mission is to ensure that all Sundry Baseball League Members, including but not limited to captains, players, spares, teams, and spectators, are able to participate in a fun, fair, safe, and respectful environment. We value dignity, self-worth, and integrity, and expect all members to treat each other with respect, regardless of team affiliation, background, identity, or lifestyle.

Safety & Conduct

Zero Tolerance Policy:

1. Verbal, sexual, or/and physical assault, abuse, or harassment of any kind (including but not limited to racism, sexism, discrimination, threats, microaggressions, grabbing, pushing, shoving, hitting, spitting, etc.) is **strictly prohibited** and will result in **immediate suspension or expulsion**. The league will contact authorities if necessary.
2. Any person found with a weapon at league events will be permanently banned from all Sundry functions. ** Dated Oct. 18/2017. (Voted - unanimous) ** see Criminal Code of Canada. **
3. Any actions that go against the rules, Code of Conduct, or mission statement **MUST** be **documented and reported** to the President of the league immediately after the game by the captain of the team that had the concern.

Member Conduct:

4. Before the start of each game, the Captains will be identified to the opposing team. Any information about the lineup will be shared at this time, and the home team will be determined by a coin toss or other fair means.

5. All teams are responsible for their own members' conduct. Communication between members should be respectful at all times. It is the Captain's responsibility to ensure this is followed. Anyone extremely under the influence, exhibiting poor behaviour, inflammatory language or aggressive actions MUST be removed from play and supervised during their recovery. They may NOT play in this state. Failure to do so will result in forfeit for the entire team. The opposing team reserves the right to refuse to play under these circumstances.
6. If there is an issue between the teams or with any of the rules, plays, or players, it is the responsibility of team captains to communicate and resolve the issue in a respectful manner.
7. Smoking or vaping is not permitted anywhere on the field or in the dugout.

Game Play Rules

Game Format:

8. Umpires: A capable member of the batting team will be used as the umpire. This position may be rotated but must be someone capable of focusing on the game and making fair calls. The ump may rely on the player with the best view of the play to make calls. The ump has final word on all calls. Severe disagreements will result in a replay of the last ball hit.
9. A 24" orange strike mat is used. A strike is counted as any pitch with a 6-12 foot arc, with some spin (no knuckleballs, backspin, or intentional curve ball) and touches anywhere on the orange mat. The pitcher must deliver the ball in a way that allows the batter a fair opportunity to hit it. Any ball hitting home plate in front of the orange mat is not counted as a strike.
10. The pitching count is 8 balls and 3 ($\frac{1}{2}$) strikes. A batter will remain at bat until they hit a fair ball, get 8 balls and walk to first base, get 3 strikes to get out, or the 3 $\frac{1}{2}$ strike rule is applied.
 - a. The 3 $\frac{1}{2}$ Strike Rule: if a foul is hit on the third strike, the batter will remain at bat until they either hit a fair ball, are pitched 8 balls, or called out by receiving a strike or hitting one more foul ball, whichever comes first.

11. Maximum 10 players on the field, minimum 8. No more than 5 players who identify as men at a time on the field unless both teams agree. If there are less than 10 players or more than 5 players identifying as men, someone from either team may be asked to stand in as a non-valid catcher, acting only as ball return.
12. The batting order should alternate between players of different genders whenever possible to promote fairness and equal opportunity. Players of the same gender should not bat consecutively, unless team composition makes this unavoidable. In such cases, the order should be arranged to maximize inclusivity for all participants.
13. Players being substituted must be substituted by someone of the same gender. Substitutes must bat and field equally; no “bat-only” or “field-only” players. Pinch runners are allowed only after reaching first base. The same player cannot have a pinch runner repeatedly.
14. Six-run maximum per inning until the 7th, which is unlimited. If tied after 7 innings, an extra inning may be played if both teams agree; otherwise, the game ends in a tie.

Batting & Running:

15. Tip balls must be at least 10 feet high and caught without interference to get the batter out. Any caught foul balls will result in the batter being out and runners returning to their current base.
16. If a runner is hit by a batted ball while running, the runner is out. If the runner is standing on the base, the runner is safe. The ball is still live and the play continues, unless the ball goes foul then the play stops and the runners return to their previous position on base.
17. Players may only advance one base on overthrows that put the ball out of play. The ball is still considered live and can still be retrieved and thrown back into play.
18. No bunting, leading off or stealing any bag, or sliding into first or home.
19. A “safe plate” is used for running home, with a commitment line two-thirds of the way from third base to the safe plate. After crossing, runners cannot

return to third. The runner can be tagged at any time. Touching home plate results in an out, and the run does not count.

- 20.No infield fly rule, but teams are expected to make an honest effort to catch the ball.
- 21.All players (except the pitcher) must stay out of the infield until the pitch crosses home plate. Base players and shortstops should not block the baseline or impede play.
- 22.Runners must stay within 3 feet of the baseline. Runners leaving the baseline will be called out.
- 23.At first base, batters must touch only the orange side; fielders use the white. Runners turning left after first or before reaching it can be tagged out.

Team Eligibility:

- 24.Teams must pay league fees in full before the season starts to be eligible to play. If dues are not paid by the first game, the team forfeits its right to participate in the league and is not entitled to any refund. It is each team's responsibility to ensure payment is made to the Treasurer before the season begins.
- 25.All teams must be able to participate in the tournament. If a team cannot participate in the final tournament, this must be declared before the season starts and may result in forfeiting their place in the league for that season.

Equipment Rules

- 26.Each team is responsible for providing their own bats.
- 27.Only bats with the "USSSA 1.20" thumbprint decal are allowed. *See image below. No ASA 2000 bats or bats on the ASA banned list. Effective 2022: All bats must have the approved sticker (see image in the original document).
- 28.All bats must be visible to the opposing team during the game. Any bats added during the game must be approved by the opposing captain.
- 29.Penalties for illegal bats:

- a. First offense: \$100 fine.
 - b. Second offense: \$500 team fine.
 - c. Third offense: Possible season ban after review.
30. The first team listed in the schedule will be responsible for supplying field equipment and setting up.
31. If a diamond is unavailable, set up bases 60 feet apart (20 paces), with foul flags 40 paces beyond the bases. *See Diamond Set Up reference page for more information.



Sundry League Diamond Dimensions

As a guideline to set up the diamond where there are no set base paths:

- 1) Set up home plate.
- 2) From home plate count 85' (30 – 31 paces) to second base location and secure bag.
- 3) First and third bases are 60' (21-22 paces) from second base and home plate.
- 4) Foul ball markers should be roughly 40 paces from first and third.
- 5) Commitment line is 3 paces from home plate.
- 6) Safe plate is two paces from home plate and aligned with home plate and first base.

